

DR. (PROF) AKHIL SAXENA

MS. (General Surgery), Minimal Access Surgeon

FIAGES, FMAS, FLHS, FAIS, Fellowship IMA AMS

Dip. Gynae Endoscopy (Germany)

Dip. Urology (France)

Dip. Cosmetic Gynaecology-American Aesthetic Association

Dip. Advanced Reproductive Medicine and Embryology (Germany)



Present assignments:

- HOD/Chief Consultant Surgeon (Minimal Access Surgery)
- Director, Saxena Multispecialty Hospital, Sonapat, Delhi/NCR.
- Director, Orange Clinic, New Delhi
- Director, SHIMIST-SONEPAT & SHIMIST-DELHI
- President-MAPSA- Minimally Invasive Pelvic Surgeons Association (INDIA)
- Course Director of Training Program of Minimal Access Surgery, Gynecology, and Urology, running a FOGSI recognized training centre in the name of SHIMIST (Saxena Hospital Institute of Minimally Invasive Surgery Training) for Basic, Advanced Endo Gynae and Colposcopy training.
- Course Director of IAGE four week fellowship Training for Gynaecological Endoscopy with effect from 8th December, 2018
- Course Director of the Diploma in Gynecological Laparoscopy, Hysteroscopy & Urogynecology recognized by UKSH-UNIVERSITATSKLINIKUM SCHLESWIG-HOLSTEIN GERMANY
- Course Director of the Diploma in Urogynecology recognized by UKSH (UNIVERSITATSKLINIKUM SCHLESWIG-HOLSTEIN GERMANY)

Education:

- M.B.B.S. from M.L.N. Medical College Allahabad in 1988, and Masters in Surgery from the same college in 1992.
- Diploma in Gynae Endoscopic Surgery from University of Kiel, Germany.
- Diploma in Laparoscopic & Robotic Urology from University of Strasbourg, France.
- Diploma in Advanced Reproductive Medicine and Embryology from International school of Medicine Kiel-German.
- Diploma in Cosmetic Gynaecology from American Aesthetic Association

He has been awarded various fellowships – FIAGES, FMAS, FLHS, FAIS and recently he was awarded a fellow of the IMA Academy of Medical Specialities in General surgery. He was awarded- IMA honorary Professor Position in February, 2018.

Regularly involved in various academic activities and has attended and conducted many conferences and workshops including many hands on training courses.

About SHIMIST-

Centre of excellence for providing training to Practicing Gynaecologists, Consultants and Post Graduates. We have done total number of **24 FOGSI** recognized training programs with a total of **105 candidates trained** at our hospital. We have conducted various other academic/operative workshops and training programs in Hysteroscopy, Gynae. Endoscopy and Urogynae & trained about **1200 national and international candidates**.

We have conducted workshops in Endo Gynae at various places -- **Sonipat, Lucknow, Ambala, Sharda Medical College GTR Noida, Ludhiana, Rampur, Aligarh, Guwahati, Varansi, Allahabad, Rewari, Harsh Hospital Allahabad, SRN Medical College-Allahabad, Kamla Nehru Hospital-Allahabad, Mullana Azad Medical College-New Delhi, Jaipur Doorbeen Hospital, Garg Hospital-Gorakhpur, Tinsukia (Assam), IGIMS-Patna and Nepal etc. (Total Workshops-70) and trained almost 1500 candidates.**

Member of many societies including USI, SIU, ASI, IUGA, SELSI, AMASI, IHS, DGES, URPSI, IAGES, FIAGES, ISAR, ISCCM, URPSI, IMA, IMA NSSF, ASPIRE, PCOS and Pioneers Circle by J&J for MIPH.

Awards:

- 1. Received Six Sigma Award-2017 for Best upcoming Minimal Access Surgeon & Trainer of the Year-2017**
- 2. Received Best paper presentation for his paper Lap. Sacropexy V/s Pectopexy in UPCOG-2017.**
- 3. Received second prize in free paper presentation for his paper Role of Mini laparoscopy in TLH in Urban Population in ENDOGYN-2015**
- 4. Received award by Health Minister (Mr. J.P. Nadda) in 2014 for Outstanding work in Medical field**

Paper presented in many national and international conferences.

- 1. Presented paper in CIE-2018 Meeting Amsterdam-The Netherlands**
- 2. Presented paper in RCOG-Singapore**
- 3. Video presentation in 2 topics at 11th Annual Congress-EUGA-2018 Milan**
- 4. Publication in British Journal of obstetrics and Gynaecology**
- 5. More than 25 paper presented in many national and local conferences**
- 6. More than 15 Video presented in many national or international conferences**

Operating faculty in Single theme, single faculty operative Workshops-

- 1. Laparoscopic Repair for prolapse in Jaipur**
- 2. Laparoscopic Hernia workshop-Tinsukia (Assam)**
- 3. Fertility Enhancing Surgeries- Gorakhpur**
- 4. Laparoscopic myomectomies-Gorakhpur**
- 5. Fertility Enhancing MAS-IHR- Guwahati**
- 6. Haryana Endofest-2016-Gynae Update-Sonepat**
- 7. Hernia Haemorrhoid Update-2018-Sonepat**
- 8. Haryana Endofest-2018-Live operative workshop-Sonepat**

Main List of Publications (Video presentation /Paper presentation/ Journal Publications)

Sr. No.	Date & Year	Name Of Journal/ Conference	Topic	Paper Presentation/Video Presentation/ Publication
1	25-10-2018 to 27-10-2018	11 th Annual Congress-EUGA-2018 Milan	Prospective Randomized Trial of Laparoscopic Sacrocolpopexy with Laparoscopic Pectopexy (Post Operative Results & Short Term Followup)	Video Presentation
2	25-10-2018 to 27-10-2018	11 th Annual Congress-EUGA-2018 Milan	"10 Years Audit of Transobturator Sling Surgery for Stress Urinary Incontinence in A Major Multispeciality Hospital in Sonapat India"	Poster Presentation
3	17-06-2018 to 19-06-2018	8 th International meeting Challenges in Endourology- Amsterdam-The Netherlands (CIE-2018 Meeting)	Prospective randomized trial of laparoscopic sacrocolpocervicopexy with laparoscopic pectopexy- postoperative results and short term follow up	Video Presentation
4	21-03-2018 to 25-03-2018	RCOG-2018, Singapore	Prospective Randomized Trial of Laparoscopic Sacrocolpopexy with Laparoscopic Pectopexy (Post Op)-7334	E-Poster Video Presentation
5	21-03-2018 to 25-03-2018	RCOG-2018, Singapore	Prospective Randomized Trial of Laparoscopic Sacrocolpopexy with Laparoscopic Pectopexy (Post Op)-7334	Abstract public in British Journal of obstetrics and Gynaecology
6	01/04/2018	Haryana Medical Journal (Official Journal of IMA Haryana State Branch)	10 year Audit of Transobturator Sling Surgery for Stress Urinary Incontinence	Research Article April-2018 Vol.41, Issue No.01 ISSN NO.: 0971-0892
7	Jun-17	Official Journal of Indian Medical Association Haryana State	SGLT2 Inhibitors-A Ray of Hope for unmet need in Type-2 DM	Publication
8	21-04-2017 to 23-04-2017	ISARCON-2017 Manual of Laparoscopic Endo-suturing	Chapter of Ergonomic in Laparoscopy	Publication by Jaypee Brothers

9	21-04-2017 to 23-04-2017	ISARCON-2017 Manual of Laparoscopic Endosuturing	Chapter of Ipsilateral Suturing Step by Step	Publication by Jaypee Brothers
10	11-11-2016 to 13-11-2016	UPASICON-2016, MLN Medical College, Allahabad	Lap. Gynaecological Procedure-Pelvic Floor Surgeries	Video Presentation
11	05/10/2016	ABG Hospital, Hathras	Tips & Tricks of Hysteroscopic Myomectomy	Video Presentation
12	16-07-2016 to 17-07-2016	Pelvic Surgeries by the legends in Gynaecology by Sunrise Hospital, New Delhi	Pre & post Management of SUI	Video Presentation
13	8-07-2016 to 10-07-2016	FABCON-2016, Jaipur	A case of Difficult Myomectomy	Video Presentation
14	4th June, 2016	AAGL International Congress, Mumbai	Laparoscopic Encirclage by Hybrid Technique foe pregnant / Non Pregnant Uterus	Video Presentation
15	4th June, 2016	AAGL International Congress, Mumbai	Unusual Case of Chronic pelvic Pain which was diagnosed as Right Ovarian Cyst in UV pouch	Video Presentation
16	27-05-2016 to 29-05-2016	Meril Academy-Vapi	Relevant Anatomy	Video Presentation
17	25/12/2015	Millennium Update 2015, VAPI Obs & Gynae Society, Daman	A Case of Laparoscopic Encirclage by Hybrid Technique	Video Presentation
18	07-08-2015 to 09/08-2015	SELSICON-2015	Role of Mini laparoscopy in TLH in Urban Population	Paper Presentation
19	20-03/2015 to 22/03/2015	ENDOGYN-2015, Kolkata	Second Prize for free paper titled Role of Mini laparoscopy in TLH in Urban Population	Paper Presentation

Future Goals:

Towards excellence and desire to share and gain knowledge in minimal access surgery is continued. A step forward in order to provide the MAS training to the upcoming surgeons & gynaecologists at national and international levels.

Date of birth: 25th May, 1965

Dr. Professor Akhil Saxena

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